


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	PASTORAL CARE PROGRAMS 9:30AM MONDAY THURSDAY ROSARY (S) 2ND FLOOR EAST LOUNGE TUESDAYS 10:30 AM SPIRITUALITY TODAY (SV) WEST ACTIVITY ROOM WEDNESDAY 10:30AM ADORATION (R) MEDIA ROOM FRIDAYS 10:05 ROSARY (L) 10:30AM COMMUNION (L) 1:30PM COMMUNION (2E)	MEET THE TEAM SISTER PEGGY (SP) SISTER VICKI (SV) CAROL ANN (CA) CHRISTY (C) DIANA (D) KAT (K) MELISSA (M) LISA (L) ALL PROGRAMS ARE SUBJECT TO CHANGE	New Year's Day 1 10:00 1E MORNING MEDITATION (K) 10:30 WA BEAT IT DRUM FIT (C) 11:00 2E INTENTIONS FOR THE NEW YEAR (K) 11:30 WA CHAIR YOGA (V) 1:15 WA STRONGER SENIORS (C) 1:15 2E YOU BE THE JUDGE (K) 2:00 2W BLOODY MARY BINGO (M) 2:30 AR ART EXPRESSIONS (C) 3:00 2E PENNY ANTE (K) 3:30 2E MUSIC IN MOTION (M) 6:40 WA Wii BOWLING (M)	2 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 11:15 AR GROUP MEDITATION (C) 1:30 WA BALANCE EXERCISE 1 (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA SCATTERGORIES (L,P) 2:30 MR YOU BE THE JUDGE (V) 3:00 AR CONNECT FOUR (C) 6:30 MR MOVIE NIGHT: FORREST GUMP (D)	3 10:00 1E LET'S EXERCISE (C) 10:15 WA DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 11:15 2E FINISH THE LYRICS (K) 12:30 MR NETFLIX SERIES: THE MAN INSIDE (SV) 1:30 AC MUSIC WITH KAT (K) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L HAPPY HOUR (C,K)	4 10:15 1E DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:45 1E TRIVIA (K) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 1:30 AC MUSIC WITH JOHN HUGHES (AD) 3:00 2W BINGO (D) 3:30 L BOARD GAMES (K) 4:00 AR NAILS w/ CHRISTY (C) 6:45 MR MOVIE NIGHT: AVERAGE JOE (D)
5 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 12:45 WA Wii BOWLING (M) 1:30 MR DOCUMENTARY: "RATHER" (M) 1:45 WA SITTERCISE (M) 3:00 WA HORSE RACING (M) 5:50 1E JENGA (M)	6 10:00 AR DOMINOES (M) 10:30 WA STORYTELLING (SP) 11:00 AR VELVET ART (M) 1:30 2W BINGO (M) 1:30 2E STORYTELLING (SP) 3:15 WA BEACH BALL BLAST (M) 6:30 WA TED TALKS WITH SISTER VICKI	7 11:15AM WORD GAMES (C) 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 1:15 LO BETHPAGE LIBRARY TRIP: THE IMPRESSIONIST MOMENT: ART LECTURE (M) 1:30 WA HORSE RACING (P) 1:45 LI CURRENT EVENTS WITH LISA (L) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:00 CL SCRABBLE (C) 6:40 WA BINGO (M)	8 10:00 1E SING A LONG WTH KAT (K) 10:30 WA BEAT IT DRUM FIT (C) 11:00 2E FACT OR FICTION (K) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 2E CHARADES (K) 1:15 WA STRONGER SENIORS (C) 2:00 2W BINGO (M) 2:30 AR ART EXPRESSIONS (C) 2:30 2E SING A LONG WTH KAT (K) 3:30 2E MUSIC IN MOTION (M) 6:40 WA LCR DICE GAME (M)	9 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 11:15 AR GROUP MEDITATION (C) 1:30 WA BALANCE EXERCISE 1 (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA NOODLE HOCKEY (P,L) 2:30 MR YOU BE THE JUDGE (V) 3:00 CL BRAIN GAMES (C) 6:30 MR MOVIE NIGHT: KEY LARGO (D)	10 10:00 1E LET'S EXERCISE (C) 10:15 WA DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:45 1E NAME 10 (K) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 1:30 AC MUSIC WITH "PAPA JOE" (AD) 2:30 AR ACRYLIC PAINTING (C) 3:00 2W BINGO (D) 3:30 L TODAY IN HISTORY (K) 6:45 MR MOVIE NIGHT: JUROR NUMBER 2 (D)	11 10:15 1E DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:45 1E NAME 10 (K) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 1:30 AC MUSIC WITH "PAPA JOE" (AD) 2:30 AR ACRYLIC PAINTING (C) 3:00 2W BINGO (D) 3:30 L TODAY IN HISTORY (K) 6:45 MR MOVIE NIGHT: JUROR NUMBER 2 (D)
12 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 1:00 MR Christian Worship w/ Patrick (V) 1:45 WA SITTERCISE (M) 3:00 WA COLOSSAL CROSSWORD (M) 5:50 1E NAME TEN (M)	13 10:00 AR CARD BINGO (M) 10:30 WA STORYTELLING (SP) 11:00 AR MUSIC BINGO (M) 1:30 2W BINGO (M) 1:30 2E STORYTELLING (SP) 3:15 WA BEACH BALL BLAST (M) 6:30 WA TED TALKS WITH SISTER VICKI	14 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 1:30 WA BEAN BAG TOSS (P) 1:45 LI POETRY CORNER (L) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:00 CL RUMMIKUB W/ CHRISTY (C) 4:30 2W MELTING POT (FS)	15 LITURGY OF REMEMBRANCE 10:00 1E SING A LONG (K) 10:30 WA BEAT IT DRUM FIT (C) 11:00 2E SCATTERGORIES (K) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 WA STRONGER SENIORS (C) 1:30 2E NAME THAT TUNE (K) 2:00 HB LITURGY OF REMEMBRANCE (S) 3:00 1E FINISH THE LYRICS (K) 3:30 2E MUSIC IN MOTION (M) 6:30 WA MOVIE NIGHT w/POPCORN: "NR.24" (M)	16 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 1:30 WA BALANCE EXERCISE 1 (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 AR CREATIVE ARTS CLUB (C) 2:30 WA SCATTERGORIES (L,P) 2:30 MR YOU BE THE JUDGE (V) 6:30 MR MOVIE NIGHT: MIDNIGHT IN PARIS (D)	17 10:00 1E LET'S EXERCISE (C) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 2E STRETCHING WITH DIANA (D) 12:30 MR NETFLIX SERIES: THE MAN INSIDE (SV) 2:00 2W BINGO (D) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L MUSICAL HAPPY HOUR (C,K)	18 10:15 2E SITTERCISE (D) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 12:00 L HOT DOGS AND BEER (P) 1:30 AC MUSIC WITH LEN CAMMALLERI (AD) 3:00 2W BINGO (P) 4:00 AR NAILS w/ CHRISTY (C) 6:45 MR MOVIE NIGHT: UNFORGIVEN (D)
19 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 1:30 MR MOVIE: "HAMILTON" (M) 1:45 WA SITTERCISE (M) 3:00 WA HORSE RACING (M) 5:50 1E SING ALONG (M)	20 Martin Luther King Jr. Day 10:00 AR DOMINOES (M) 10:30 WA STORYTELLING (SP) 11:00 AR VELVET ART (M) 1:30 2W BINGO (M) 1:30 2E STORYTELLING (SP) 3:00 MR DOCUMENTARY: "NYS CELEBRATES DR. MARTIN LUTHER KING JR" (M) 6:30 WA TED TALKS WITH SISTER VICKI	21 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 1:30 WD RED HATS LUNCHEON: MUSIC JULIA LEIGH (P,C) 2:00 2E BEACH BALL VOLLEY & TOSS (M) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:00 CL CHECKERS (C) 3:40 WA Wii BOWLING (M) 6:40 WA BINGO (M)	22 TRIP TO THE MOVIES 10:00 1E MEDITATION AND STRETCH (K) 10:30 WA BEAT IT DRUM FIT (C) 11:00 2E MUSICAL BINGO (K) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 WA STRONGER SENIORS (C) 1:30 1E WORD GAMES (K) 2:00 2W BINGO (M) 2:30 AR ART EXPRESSIONS (C) 3:00 WA THIS DAY IN HISTORY (K) 3:30 2E MUSIC IN MOTION (M) 6:40 WA FACT OR FICTION (M)	23 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 1:30 WA BALANCE EXERCISE 1 (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA NOODLE HOCKEY (P,L) 2:30 MR YOU BE THE JUDGE (V) 3:00 CL BRAIN GAMES (C) 6:30 MR MOVIE NIGHT: IT HAPPENED ONE NIGHT (D)	24 10:00 1E LET'S EXERCISE (C) 10:15 WA DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 11:15 2E FINISH THE LYRICS (K) 12:00 LO FAST FOOD FRIDAY: CHILIS (D) 12:30 MR NETFLIX SERIES: THE MAN INSIDE (SV) 2:00 2W BINGO (D) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L MUSICAL HAPPY HOUR (C,K)	25 10:15 1E DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:45 1E TRIVIA (K) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 1:30 AC MUSIC WITH DENISE AND ROCCO (AD) 2:30 AR ACRYLIC PAINTING (C) 3:30 L Pictionary (K) 6:45 MR MOVIE NIGHT: WEST SIDE STORY (D)
26 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 1:15 AC PIANO MUSIC WITH STACEY (M) 2:45 WA POKENO (M) 5:50 1E FINISHING LINES (M)	27 10:00 AR CARD BINGO (M) 10:30 WA STORYTELLING (SP) 11:00 AR MUSIC BINGO (M) 1:30 2W BINGO (M) 1:30 2E STORYTELLING (SP) 3:15 WA BEACH BALL BLAST (M) 6:30 WA TED TALKS WITH SISTER VICKI	28 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 1:30 WA HORSE RACING (P,C) 1:30 2E RESIDENT COUNCIL, FOOD SERVICE, ACTIVITY MEETING (W,FS,A) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:00 CL JENGA (C) 3:40 WA Wii BOWLING (M) 4:30 2W MELTING POT (FS) 6:40 WA BINGO (M)	29 10:00 1E SING - A - LONG (K) 10:30 WA BEAT IT DRUM FIT (C) 11:00 2E FACT OR FICTION (K) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 2E FAMILY FEUD (K) 2:00 HB BIRTHDAY PARTY: JOEY NICKLES (AD) 3:00 2E ART EXPRESSIONS (C) 3:00 2E CARD BINGO (K) 4:00 2E BEACH BALL VOLLEY & TOSS (M) 6:30 WA MOVIE NIGHT w/POPCORN: "MOLLY'S GAME" (M)	30 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 1:30 WA BALANCE EXERCISE 1 (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA SCATTERGORIES (L,P) 2:30 MR YOU BE THE JUDGE (V) 3:00 AR CREATIVE ARTS CLUB (C) 6:30 MR MOVIE NIGHT: SIX TRIPLE EIGHT (D)	31 10:00 1E LET'S EXERCISE (C) 10:15 WA DANCERSIZE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 11:15 NAME THAT TUNE (K) 12:30 MR NETFLIX SERIES: THE MAN INSIDE (SV) 1:30 1E CHARADES (K) 2:00 2W BINGO (D) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L MUSICAL HAPPY HOUR (C,K)	