

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELLO February		MEET THE TEAM CAROL ANN (CA) CHRISTY (CA) DIANA (D) KAT (K) MELISSA (M) PAT (PAT) SISTER PEGGY (SP) SISTER VICKI (SV) LISA (L) ALL PROGRAMS ARE SUBJECT TO CHANGE	BLACK HISTORY MONTH FEBRUARY		 TOGETHER IS WARMER	
TRIP TO SEE GUYS AND DOLLS 2 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 11:30 LO TRIP TO SEE GUYS AND DOLLS :SID JACOBSON COMMUNITY CENTER (D) 12:45 WA WII BOWLING (M) 1:30 MR MOVIE: "AMERICAN UNDERDOG" (M) 1:45 WA SITTERCISE (M) 3:00 WA HORSE RACING (M) 5:50 1E JENGA (M)	3 10:00 AR DOMINOES (M) 10:00 1E PET THERAPY WITH AMY (V) 10:30 2E EXERCISE (K) 10:30 WA STORYTELLING (SP) 11:00 AR VELVET ART (M) 11:15 2E THIS DAY IN HISTORY (K) 1:15 LO TRIP TO BETHPAGE LIBRARY: "REMARKABLE LONDON LANDMARKS" (M) 1:30 2E STORYTELLING (SP) 2:15 AC LOVE SONGS CONCERT WITH KAT(K) 3:15 L SCATTERGORIES (K) 6:30 WA TED TALKS WITH SISTER VICKI	4 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 11:15 L TRIVIA & WORD GAMES (C) 2:00 AR UNO CARD GAME (M) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:15 CL RUMMIKUB W/ CHRISTY (C) 3:40 WA WII BOWLING (M) 6:40 WA BINGO (M)	5 10:30 WA BEAT IT DRUM FIT (C) 10:30 1E FINISH THE LYRICS (K) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 WA STRONGER SENIORS (C) 1:30 2E MAKE 'EM LAUGH (K) 2:15 WA NAME THAT TUNE (K) 2:30 AR ART EXPRESSIONS (C) 3:30 2E MUSIC IN MOTION (M) 3:30 1E PUZZLE PLAY (C) 6:40 WA LCR DICE GAME (M)	6 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 11:15 AR GROUP MEDITATION (C) 1:30 WA BALANCE EXERCISE (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA NOODLE HOCKEY (P,L) 2:30 MR YOU BE THE JUDGE (V) 3:00 CL BRAIN GAMES (C) 6:30 MR MOVIE NIGHT: ONE SPECIAL NIGHT (AD)	7 NATIONAL WEAR RED FOR WOMEN'S HEART DISEASE PREVENTION 10:00 1E LET'S EXERCISE (C) 10:15 WA MOVING TO THE BEAT EXERCISE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 1:30 AR BEGINNERS ORIGAMI (K) 2:00 2W BINGO (D) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L HAPPY HOUR (C)	8 10:15 WA SING-A-LONG (K) 10:15 2E SITTERCISE (D) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 1:30 AC MUSIC WITH CARL BRUNO (AD) 2:30 AR ACRYLIC PAINTING (C) 3:00 AR JEWELRY MAKING (K) 3:45 2E SCATTERGORIES (K) 6:45 MR MOVIE NIGHT: THE BUTLER (AD)
SUPER BOWL PARTY 9 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 1:00 MR Christian Worship w/ Patrick (V) 1:45 WA SITTERCISE (M) 2:45 WA WORD ENDING CHALLENGE (M) 6:30 AC SUPER BOWL PARTY (AD)	10 10:00 AR CARD BINGO (M) 10:00 1E PET THERAPY WITH AMY (V) 10:30 2E EXERCISE (K) 10:30 WA STORYTELLING (SP) 11:00 1E NAME TEN (M) 11:30 WA GUIDED MEDITATION WITH KAT (K) 1:30 2W BINGO (M) 1:30 2E STORYTELLING (SP) 2:30 WA CONVERSATION BALL (K) 3:15 WA BEACH BALL BLAST (M) 3:15 2E FAMILY FEUD (K) 6:30 WA TED TALKS WITH SISTER VICKI	11 MELTING POT/ADRC TRIP 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 11:15 L TRIVIA & WORD GAMES (C) 1:15 LO FOUNDERS TRIP TO ADRC (M) 1:30 WA BEAN BAG TOSS (P) 1:45 LI POETRY CORNER (L) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:15 CL SCRABBLE (C) 4:30 2W MELTING POT (FS) 6:40 WA BINGO (M)	12 2:00 BINGO 2WD (M) 10:00 1E SING A LONG (K) 10:30 WA BEAT IT DRUM FIT (C) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 2E SCATTERGORIES (K) 1:15 WA STRONGER SENIORS (C) 2:30 AR ART EXPRESSIONS (C) 3:00 WA TOSS 'N TALK-ABOUT (K) 3:30 2E MUSIC IN MOTION (M) 3:30 1E PUZZLE PLAY (C) 6:30 MR MOVIE NIGHT w/POPCORN: "BACK IN ACTION" (M)	13 10:00 1E MORNING STRETCH (D) 10:00 WA QUICK WORD PLAY (P) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 11:15 AR GROUP MEDITATION (C) 1:30 WA BALANCE EXERCISE (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA SCATTERGORIES (L,P) 2:30 MR YOU BE THE JUDGE (V) 3:00 AR CREATIVE ARTS CLUB (C,K) 6:30 MR MOVIE NIGHT: GHOST (AD)	14 VALENTINE'S DAY 10:00 1E LET'S EXERCISE (C) 10:15 WA MOVING TO THE BEAT EXERCISE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 1:30 2W VALENTINE'S DAY: A DAY OF LOVE AND FRIENDSHIP (AD) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L HAPPY HOUR AND MAKE'M LAUGH (C,K)	15 LECTURE 10:15 WA SING A LONG (K) 10:15 2E SITTERCISE (D) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 12:00 L HOT DOGS AND BEER (AD) 1:15 WA LECTURE: HOWARD ROSENBERG: AFRICAN AMERICANS MEDICAL PIONEERS (AD) 3:00 2W BINGO (P) 3:00 2E FINISH THE LYRICS (K) 4:00 WA MINDFUL MEDITATION (K) 4:00 AR NAILS w/ CHRISTY (C) 6:45 MR MOVIE NIGHT: RAY (AD)
16 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 1:30 MR MOVIE: "WHITE BIRD" (M) 1:45 WA SITTERCISE (M) 3:00 WA HORSE RACING (M) 5:50 1E FINISHING LINES (M)	17 PRESIDENTS DAY 10:00 AR CARD BINGO (M) 10:00 1E PET THERAPY WITH AMY (V) 10:30 2E SEATED EXERCISE (C) 11:00 1E NAME TEN (M) 11:15 AR MEDITATION 1:30 AC HOLIDAY MUSIC WITH DENISE GIVEN (AD) 2:30 CL RUMMIKUB (C) 3:15 WA BEACH BALL BLAST (M)	18 RED HATS LUNCHEON 9:00 CL CARD MAKING WITH PAT (P) 10:00 AC WALKING AND TALKING (P) 10:30 2E SEATED EXERCISE (C) 11:15 L TRIVIA & WORD GAMES (C) 1:30 WD RED HATS LUNCHEON: MUSIC JACQUES LEBAS (AD) 2:00 2E BEACH BALL VOLLEY & TOSS (M) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:15 CL CHECKERS (C) 3:30 AR BEFORE OR AFTER?-TRIVIA (M) 6:40 WA BINGO (M)	19 10:00 1E SING A LONG (K) 10:30 WA BEAT IT DRUM FIT (C) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 1:15 2E FAMILY FEUD (K) 1:15 WA STRONGER SENIORS (C) 2:00 2W BINGO (M) 2:30 AR ART EXPRESSIONS (C) 3:00 WA FINISH THE LYRICS (K) 3:30 2E MUSIC IN MOTION (M) 3:30 1E PUZZLE PLAY (C) 6:40 WA WII BOWLING (M)	20 10:00 1E MORNING STRETCH (D) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 11:15 AR GROUP MEDITATION (C) 1:30 WA BALANCE EXERCISE (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA NOODLE HOCKEY (L) 2:30 MR YOU BE THE JUDGE (V) 3:00 CL BRAIN GAMES (C) 6:30 MR MOVIE NIGHT: IT ENDS WITH US (AD)	21 FAST FOOD FRIDAY 10:00 1E LET'S EXERCISE (C) 10:15 WA MOVING TO THE BEAT EXERCISE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 12:00 LO FAST FOOD FRIDAY 1:30 WA FACT OR FICTION (K) 2:00 2W BINGO (D) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L HAPPY HOUR NATIONAL MARGARITA DAY (C)	22 10:15 WA SING A LONG (K) 10:15 2E SITTERCISE (D) 11:00 WA STRONGER SENIORS (C) 11:00 2E WORD GAME (D) 1:30 AC MUSIC WITH JOHN CATONE (AD) 2:30 AR ACRYLIC PAINTING (C) 3:00 L BOARD GAMES (K) 4:00 2E FAMILY FEUD (K) 6:45 MR MOVIE NIGHT: THE PURSUIT OF HAPPINESS (AD)
23 9:00 1E TV MASS (S) 9:30 L COFFEE & CONVERSATIONS (R) 9:30 2E TV MASS (S) 10:15 LO MASS AT THE MOTHERHOUSE 1:30 MR DOCUMENTARY: "MARTHA" (M) 1:45 WA SITTERCISE (M) 3:00 WA COLOSSAL CROSSWORD (M) 5:50 1E NAME 10 (M)	24 10:00 AR DOMINOES (M) 10:00 1E PET THERAPY WITH AMY (V) 10:30 2E EXERCISE (K) 10:30 WA STORYTELLING (SP) 11:00 AR VELVET ART (M) 11:15 2E FINISH THE PHRASE (K) 1:15 LO TRIP TO BETHPAGE LIBRARY: THE HISTORY OF MARDI GRAS (M) 1:30 2W BINGO (L) 1:30 2E STORYTELLING (SP) 2:30 WA NAME THAT TUNE (K) 6:30 WA TED TALKS WITH SISTER VICKI	25 MELTING POT 10:30 2E SEATED EXERCISE (C) 11:15 L TRIVIA & WORD GAMES (C) 1:45 LI POETRY CORNER (L) 2:00 AR BANANAGRAMS WORD GAME (M) 2:30 WA YOGA & RESISTANCE TRAINING WITH/ JACKI (V) 3:00 CL CONNECT FOUR (C) 3:40 WA WII BOWLING (M) 4:30 2W MELTING POT (FS) 6:40 WA BINGO (M)	26 BIRTHDAY PARTY 10:00 1E SING A LONG (K) 10:30 WA BEAT IT DRUM FIT (C) 11:30 WA CHAIR YOGA (V) 11:30 L LET'S TALK... (C) 2:00 HB BIRTHDAY PARTY: MUSIC WITH NOW AND THAN 3:30 WA FINISH THE LYRICS (K) 3:30 2E MUSIC IN MOTION (M) 3:30 1E PUZZLE PLAY (C) 4:00 2E BEACH BALL VOLLEY & TOSS (M) 6:30 MR MOVIE NIGHT w/POPCORN: "CARMEN" (M)	27 10:00 1E MORNING STRETCH (D) 10:30 1E MUSICAL MEMORIES (D) 10:30 WA MYTH CONCEPTIONS (SV) 10:30 2E SEATED EXERCISE (C) 11:15 AR GROUP MEDITATION (C) 1:30 WA BALANCE EXERCISE (D) 2:30 CL CANASTA GAME LESSONS (D,V) 2:30 WA SCATTERGORIES (L) 2:30 MR YOU BE THE JUDGE (V) 3:00 AR CREATIVE ARTS CLUB (C,K) 6:30 MR MOVIE NIGHT: AN OFFICER AND A GENTLEMAN (AD)	28 10:00 1E LET'S EXERCISE (C) 10:15 WA MOVING TO THE BEAT EXERCISE (K) 10:15 2E SITTERCISE (D) 10:30 1E COLORING CIRCLE (C) 10:45 WA STRETCH IT OUT (K) 10:45 2E STRETCHING WITH DIANA (D) 1:30 WA FINISH THE LINE (K) 2:00 2W BINGO (D) 2:00 1E COFFEE TALK WITH CHRISTY (C) 3:00 L HAPPY HOUR (C)	PASTORAL CARE PROGRAMS 9:30AM MONDAY-THURSDAY ROSARY (S) 2ND FLOOR EAST LOUNGE TUESDAYS 10:30AM SPIRITUALITY TODAY (SV) WEST ACTIVITY ROOM WEDNESDAYS 10:30AM ADORATION (R) MEDIA ROOM FRIDAYS 10:05 ROSARY LOUNGE 10:30 AM COMMUNION LOUNGE 1:30PM COMMUNION (2E)